



ACE Training and Consulting offers the:

Basic First Aid

Course description

The Basic First Aid course is aimed to give learners orientation on the principles of saving lives, to help promote recovery and to prevent further worsening of the condition of the casualty.

Learning objectives

The Basic First Aid course gives learners deeper understanding about how to treat the casualty by applying the proper procedures and prevent the condition of the casualty from worsening.

Who is it for?

Anyone who needs to understand the basics of first aid. Anyone who wants to assist casualties after an incident. **Anyone who wants to save lives!!!**

What does this course cover?

The following are the topics covered in the course:

- What is first aid
- Aims of first aid
- Responsibilities of first aid provider
- Primary Assessment
- Recovery Position
- DRABCD
- CPR
- Basic AED Operation
- Choking
- Secondary Assessment
- Control of External Bleeding
- Internal Bleeding
- Managing Shock
- Head, Neck or Back Injury
- Swollen, Painful, Deformed Limb
- Burns
- Warning Signs of Sudden Illness
- Stroke & Seizures
- Diabetic Emergencies
- Breathing difficulty, shortness of breath
- Asthma
- Severe Allergic Reaction
- Poisoning
- Heat Exhaustion, Heat Stroke, Hypothermia, Frostbite
- Emergency Moves
- Contents of the first aid kit



Course Duration

This course has a minimum of 4 taught hours

Certification

Once you have achieved a pass, a qualification certificate having a validity of 2 years will be issued within 5 working days.

Further study & progression

If this is your first safety course, then you may be interested in taking other international qualifications, such as

- HABC Level 3 Emergency First Aid at Work
- HABC Level 2 Pediatric First Aid
- Basic Plus from Medic First Aid
- Pediatric Plus from Medic First Aid
- Advance Diploma in Health, Safety and Environment
- IOSH Managing Safely
- NEBOSH Health and Safety at Work Award
- NEBOSH Working with Wellbeing
- NEBOSH Environmental Awareness at Work Qualification
- NEBOSH HSE Introduction to Incident Investigation
- NEBOSH HSE Award in Managing Risks and Risk Assessment at Work
- NASP / IASP Advance Diploma in OSH

For more information visit our websites:

- [Basic First Aid - ACE Training and Consulting](#)